



Der Löwe und der Pfeil



The Lion and the Arrow — Issue 16

Announcements

CCD Class and Information:

Registration is underway and will continue until Friday, 17 September. The fee is \$40.00.

Classes will begin on Sunday, 26 September, following the 7:30 a.m. Holy Sacrifice of the Mass in Saint Edmund Chapel Hall.

A **mandatory** parent meeting will be held on Sunday, 19 September, following the 7:30 a.m. Holy Sacrifice of the Mass in Saint Edmund Chapel Hall.

The CDA will be holding their monthly meeting on Tuesday, 14 September. Holy Mass that day will be at 6:00 p.m., and the meeting will follow in the Saint Benedict Room. Members are reminded to wear their badges while attending CDA events or Mass. This meeting is a 1950s themed covered dish meeting, so please bring a dish to share with everyone. 1950s costumes are encouraged but not required.



Monthly Saint

Every month the newsletter will feature a Saint or Religious Figure. Many times, a prayer or novena will be featured. For September we feature Saint Hildegard of Bingen.

Saint Hildegard was a German Nun popularly known for her ability to foretell the future, her visions and her letter of rebuke or warning to many, including Popes. She is also known for the beautiful music that she composed. Born in Böckelheim, from the time she was eight she lived in the care of Blessed Jutta, a Hermit. Before Saint Hildegard was 15, Blessed Jutta had formed a community which followed the Rule of Saint Benedict. Saint Hildegard joined this community and became Prioress upon the death of Blessed Jutta in 1136. From an early age, Saint Hildegard was favored with visions. After the Archbishop of Mainz and theologians reviewed them and discerned their Divine origin, Saint Hildegard was given a secretary to whom she dictated her visions. These visions received the approbation of a Bishop appointed by the Pope. Saint Hildegard was consulted by huge numbers of people, including Popes and Emperors. Yet, opinion was divided regarding her and her visions. Saint Hildegard was never formally canonized, though she is listed in the Roman Martyrology as a saint. She is known as the "*Sibyl of the Rhine*."

Saint Hildegard was declared a Doctor of the Church by His Holiness Pope Benedict XVI in 2012.



Events and Holy Days

Any events going on in Roberts Cove and in Branch during the month of the newsletter will be featured in this space. If you wish to have an event for the month listed, then please send all the information to ampdupuis@yahoo.com by the third Sunday of the month before the event is scheduled to take place.

September 2 – V-J Day

September 6 – Labor Day

September 6 – National Read a Book Day

September 8 – The Nativity of the Blessed Virgin Mary

September 8 – International Literacy Day

September 11 – Patriot Day

September 11 – German Language Day

September 14 – The Exaltation of the Holy Cross

September 14 – CDA Mass and Meeting

This meeting is a 1950s covered dish meeting.

September 17 – Last Day of CCD Registration

This is the **final** day to register your child for CCD classes.

September 17 – Constitution Day

September 19 – Mandatory Parent Meeting of CCD Student

September 22 – Fall Begins

September 26 – First CCD Class

Monthly Devotional

Our Lady of Sorrows is honored during the month of September as we celebrate the Feast of the Exaltation of the Cross on the 14th and commemorate the Feast of Our Lady of Sorrows on the 15th. Blessed Mary stood as the stalwart figure at the foot of the Cross to show us Her Holiness and Strength as the Holy Mother of God



and as our Most Blessed Mother. May the Blessed Lady of Sorrows keep us close to the Cross to receive the Infinite Grace of God.

Archive Dive

The Prayer Before the Crucifix, or Indulgence Prayer, that is said at the end of Holy Mass was written by Sister Crescentia MHS. She taught at Saint Leo's School in the early 1920s.

According to Wilton Gary, he knew the prayer as the Indulgence Prayer, and said that there was a process you had to go through if you wanted the full indulgence.

First, you had to fast from midnight until after the Holy Mass. Before Holy Mass began you had to go to confession, and you then had to receive Holy Communion at Mass. Once the Holy Mass was over, all those who had not done all the previous steps would leave out the Church, and those who had would stay in the Church. Then you had to say a Hail Mary, an Our Father, the Glory Be, and then you could finally say the Indulgence Prayer. Only then could you receive the full indulgence that the prayer offered to you.

The Prayer Before the Crucifix, Indulgence Prayer, can be found in the front of the *Lumen Christi Missal* in Saint Leo IV Church.

We would like to thank Wilton Gary for sharing with us the history of the Indulgence Prayer that he remembers.

"The suffering of adversity does not degrade you but exalts you. Human tribulation teaches you; it does not destroy you. The more we are afflicted in this world, the greater will be our joy in the future."

—Saint Isidore of Seville (d. 636)